

MOUTHGUARDS

All players from U/6 to Premiers are required to wear a mouthguard during a match.

If a player is found not to be wearing a mouthguard at any time during the match the player will be ordered-off and:

- i. Not be able to return to the game for the remaining period of play left in the game;
- ii. The player must change out of his/her playing strip to remain on the sideline;
- iii. A player may be replaced to maintain that grades applicable amount of players allowed on the field from the remaining listed reserves on the team card only;
- iv. A player ordered-off for not wearing a mouthguard does not have to appear before the ARL Judiciary.

Mouthguard Dispensation

A player may make application to the New Zealand Rugby League on medical grounds for dispensation not to wear. In submitting an application the applicant must:

- i. Include a medical and/or dental report outlining the medical grounds;
- ii. Include a passport photo with application

All applications should be addressed to:

The Medical Council
New Zealand Rugby League Inc
P O Box 12712
Penrose
AUCKLAND 1642

The Medical Council are the only authority that can grant dispensation.